



## Field to Forest: Latest Stock

Below is a simple running list of regular stock available from Forest Produce.

To discover more about our range, please visit [www.forestproduce.com](http://www.forestproduce.com) or call your Account Manager. Remember, we take bespoke orders too

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### *Fruits:*

- Apricots
- Blackberries
- Blueberries
- Cantaloupe Melons
- Cherries
- Flat Peaches
- Gala Apples
- Grapefruits Ruby
- Lemons
- Limes
- Nectarines
- Oranges
- Peaches
- Plum Ruby Red
- Pomegranates
- Strawberries

### *Vegetables:*

- Broad Beans
- Cabbage Hispi
- Carrot Chantenay
- Carrot Heritage
- Cauliflower
- Cauliflower Orange
- Cauliflower Purple
- Courgette Flower
- Parsnip
- Purple Sprouting Broccoli
- Tender stem Broccoli

- Celeriacs
- Purple Large Carrots
- Tropia Spring Onions

### *Tomatoes:*

- Isle of Wight Cherries on vine
- Isle of Wight Heritage
- Isle of Wight Pick & Mix

### *Mushrooms:*

- Grey Oyster
- Hen of The Wood Mushrooms
- King Oyster Mushrooms
- Mix Mush Pro Mix Six
- Oyster Mushroom
- Paris Brown Mushroom
- Portabello
- Scottish Girolles
- Shimeji Brown
- Shimeji White
- Shitake
- Yellow Oyster

### **Exotics**

- Avocado Ripened
- Baby Beetroot Candy
- Baby Beetroot Golden
- Baby Carrot Rainbow
- Baby Leeks
- Figs
- Fine bean
- Ginger
- Sugarsnap

## *Salad*

- Chard Rainbow
- Peppers Green
- Peppers Red
- Red Spring Onion Bunch
- Watercress
- Isle of Wight Padron Peppers
- Peppers Yellow

## *Micro Herbs*

- Coriander, Green & Red Mizuna, Komatsuna, Mixed Sorrel, Chickweed, Nasturtium (Blue), Red Radish, Red Sorrel, Red Vein Sorrel, Pea shoots, Wood Sorrel & Bronze Fennel Fronds in 20 > 30g punnets.

## *Micro Flowers*

- Borage Flower & Snap Dragons

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